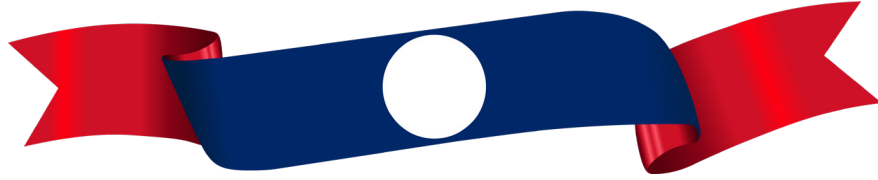


Including You

**A DEI Newsletter for
Technology Services
at Fresno State**



Lao New Year



Lao New Year, known as Pi Mai, is celebrated usually around the 2nd week of April. My fondest memory of Lao New Year was spending time with my beloved mother at the Buddhist Temple giving our offerings, known as Tak Bat to our dear family members who have passed away. The traditional cleansing and blessing ceremony during Pi Mai will always be fond memories that I will always cherish with the absence of my dear mother.

-Pawn Sayphengsy,
Student Services & Tech Experience Consultant

Cambodian New Year

Cambodian New Year, also known as Choul Chnam Thmey, is the most important holiday in Cambodia. It is a three-day public holiday that falls on the first day of the Khmer New Year, which usually falls between April 13 and 15. The holiday is a time for family and friends to come together and celebrate the start of a new year. People clean their homes and businesses, dress in new clothes, and visit temples to pay their respects to the Buddha. They also exchange gifts, eat traditional foods, and play games. One of the most popular activities during Cambodian New Year is the water festival. People throw water at each other to symbolize washing away the bad luck of the old year and welcoming in the good luck of the new year. The water festival is a time for fun and laughter, and it is a great way to experience Cambodian culture.



Recommendations



In the Time of Our History

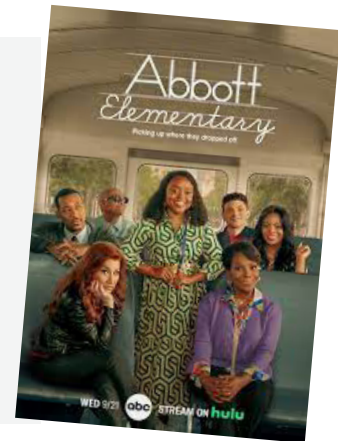
Fiction

Inspired by her own Iranian-American heritage, the acclaimed author weaves a beautifully crafted story of mothers and daughters, secrets and lies, and defying expectations – even when those choices come with an irrevocable cost.

Abbott Elementary

Series (ABC or Hulu)

A group of dedicated, passionate teachers -- and a slightly tone-deaf principal -- find themselves thrown together in a Philadelphia public school where, despite the odds stacked against them, they are determined to help their students succeed in life. Though these incredible public servants may be outnumbered and underfunded, they love what they do -- even if they don't love the school district's less-than-stellar attitude toward educating children.



Descendant

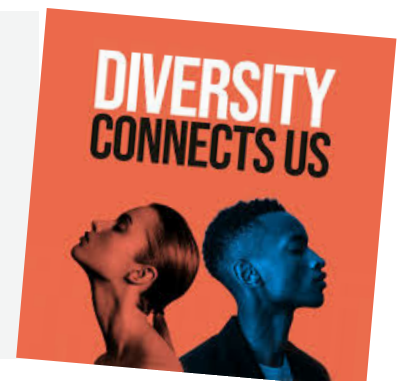
Documentary (Netflix)

Descendants of the survivors from the Clotilda celebrate their heritage and take command of their legacy, as the discovery of the remains of the last-known slave ship to arrive in the United States offers them a tangible link to their ancestors.

Diversity Connects Us

Podcast

This podcast highlights lived experiences and inspirational stories of strength and tenacity. We will share profound and courageous dialogues that influence diversity, equity, and inclusion by breaking the barriers and labels of stereotypes confronting biases, and offering best practices to achieve a more significant cultural mindset





Recipe To Try

Ingredients

- 4 medium sweet potatoes
- 1 tbsp. extra-virgin olive oil
- Kosher salt
- Freshly ground black pepper
- 2 c. shredded rotisserie chicken
- 1/2 c. barbecue sauce, plus more for serving
- 2 cloves garlic, minced
- 1/2 small red onion, thinly sliced into quarter moons
- 1 small jalapeño, thinly sliced
- 1 c. shredded smoked Gouda

Directions:

Step 1

Preheat oven to 375°. Place sweet potatoes on a large baking sheet. Toss with oil and season with salt and pepper.

Step 2

Bake until tender, about 1 hour, depending on size. Let cool slightly, then, using a paring knife, slice along top of each sweet potato and push in both ends to create a well.

Step 3

In a medium bowl, toss chicken with barbecue sauce and garlic. Stuff into sweet potatoes, then top with red onion, jalapeño, and Gouda. Return to oven and bake until cheese is melty and chicken is warmed through, about 15 minutes more.

Step 4

Drizzle with barbecue sauce before serving.



Dates To Remember

April

- Celebrate Diversity Month
- April 2: Autism Awareness Day
- April 5-13: Passover (Judaism)
- April 9: Easter (Christian)
- April 14-16: Lao/Cambodian New Year
- April 21: Last day of Ramadan (Islam)
- April 22: Earth Day

May

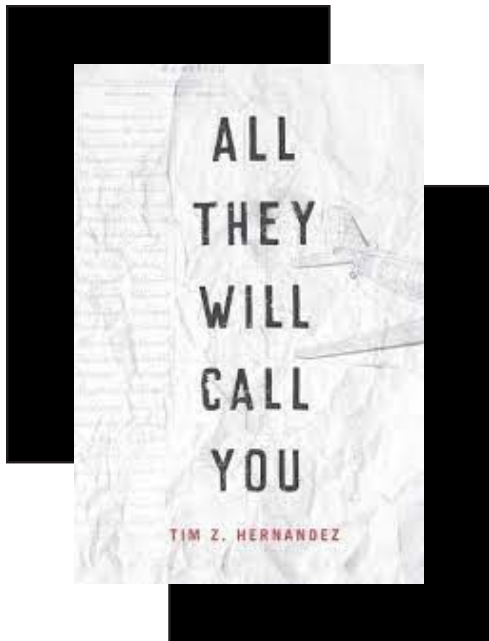
- AAPI Heritage Month
- Mental Health Awareness Month
- May 5: Cinco de Mayo
- May 26: Buddha's Birthday

June

- LGBTQIA+ Pride Month
- June 12: Loving Day
- June 19: Juneteenth
- June 26 - July 1: The Hajj

Shared Shelf

Technology Services Book Club



Our first book of the year will be *All They Will Call You* by *Tim Hernandez*.

It is the harrowing account of “the worst airplane disaster in California’s history,” which claimed the lives of thirty-two passengers, including twenty-eight Mexican citizens — farm-workers who were being deported by the U.S. government.

To find out more about the Shared Shelf program and read along with us please visit our website:
technology.fresnostate.edu/about-us/sharedshelf



Employee Recognition

The following employees have received High Fives from the campus community, please visit technology.fresnostate.edu/recognition/campuschampions to read more about them:

Provides Excellent Customer Service

Travis Hegerle
Fatih Yenen
Filomena Fagundes
Harry Zahlis

Saved My Bacon!

Travis Hegerle

Works Above & Beyond

Filomena Fagundes
Jeff Colvin
Travis Hegerle
Robert Chase
David Gaines
Ivan Reed
Dolores Charest
Alex Moun

